

Hanuman Aapad Uddhara Stotram Lyrics in English

Hanuman Aapad Uddhara Stotram

Apad akhila lokartha harine, hanumathe,
Akasmad aagathopada nasaya, namosthute. || 1 ||

Sita viyuktha Sri Rama soka dukha bhayapaha,
Thapa thrithya samharin anjaneya, namosthute. || 2 ||

Adhi vyadhi mahamari graham peedapa harine,
Pranapa harthe daithyanam, anjaneya namosthute. || 3 ||

Samsara sagara vartha karthavya brantha chethasaam,
Saranagatha marthyaanaam, saranyaya namosthute. || 4 ||

Raja dwari, bila dwari pravesa, bhootha sankule,
Gaja simha maha vyagra chora bheeshana kanane, || 5 ||

Saranaya saranyaya vathathmaja, namosthute,
Nama plavanga sainyanaam prana bhoothathmane nama. || 6 ||

Rameshtam karunapoornam Hanumantham bhayapaham,
Sathru nasa haram bheemam Sarvabheeshta phala pradham. || 7 ||

Pradoshe va prabathe va ye smareth anjana sutham,
Artha sidhim yasa sidhim Prapnuvanthi na samsaya. || 8 ||

Karagrahe prayane cha samgrame desa viplave,
Ye smaranthi Hanumantham thesham naashti vipad thada. || 9 ||

Vajra dehaya kalagni rudhraya, amitha thejase,
Brahmashtra sthambanayasmai nama sri Rudra murthaye. || 10 ||

Japthwa stotramidham manthram prathivaram paden nara,
Rajasthan, sthabhasthane pratha vadhe, japed Druvam,
Vibheeshana krutham stotram ya padeth prayatho nara,
Sarva apadbhyo vimuchetha nathra karya vicharana, || 11 ||

Markatesa, mahotsaha, sarva soka vinasaka,
Shathrun samhara maam raksha sreeyam cha adha pradehi may. || 12 ||

Hanuman Aapad Uddhara Stotram With Meaning

Apad akhila lokartha harine, hanumathe, Akasmad aagathopada nasaya, namosthute. || 1 ||

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**Meaning: Hey Hanuman, who removes the dangers that plague the globe,
Who eliminates any accidental threats I salute you.**

Sita viyuktha Sri Rama soka dukjha bhayapaha,
Thapa thrithya samharin anjaneya, namosthuthu. || 2 ||

**Meaning: Hey Hanuman who removed sorrow as well as fear,
from Lord Rama who has split from his lady Sita,
Who is the one who eliminates 3 types of pains
My best wishes to the the son Anjana.**

Adhi vyadhi mahamari graham peedapa harine,
Pranapa harthe daithyanam, anjaneya namosthuthu. || 3 ||

**Meaning: Hey Hanuman, who removes suffering, disease, and sorrow.
Epidemics and issues created by planets
And who steals Souls from Rakshasas,
My best wishes for the son Anjana.**

Samsara sagara vartha karthavya brantha chethasaam,
Saranagatha marthyaanaam, saranyaya namosthuthu. || 4 ||

**Meaning: My salutations go to him who provides protection
To those seeking protection of him
In a state of confusion, my mind is created by
The vastness of this bleak life.**

Raja dwari, bila dwari pravesa, bhootha sankule,
Gaja simha maha vyagra chora bheeshana kanane, || 5 ||

**Meaning: My greetings are to the God of wind, the son of God of the wind.
who is the guardian, and who provides security to those who need it.
Attending to enter the palace's gate, or into the entrance of a cave
And who's amidst an assortment of ghosts in the woods,
With elephants, lions thieves and tigers,
Salutations to the spirit of the monkey army.**

Saranaya saranyaya vathathmaja, namosthuthu,
Nama plavanga sainyanaam prana bhoothathmane nama. || 6 ||

**Meaning: My apologies to the beloved of Rama who is full of mercy
who is fearsome Hanuman who is able to destroy his foes,
Who is the biggest and who can fulfill all our needs.**

Rameshtam karunapoornam Hanumantham bhayapaham,
Sathru nasa haram bheemam Sarvabheeshta phala pradham. || 7 ||

**Meaning- The one who is able to remember Anjana's son. Anjana,
In the early morning or in Pradosha time**

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Could earn money and be famous,
No doubt at all.

Pradoshe Va prabathe mareth anjana sutham
Artha sidhim yasa sidhim Prapnuvanthi na samsaya. || 8 ||

**Meaning: Either in prison or while traveling,
In times of war, or during a revolution in the country
Whoever will remember Hanuman, Lord Hanuman,
is not subject to any threat.**

Karagrahe prayane cha samgrame desa viplave,
Ye smaranthi Hanumantham Hanumantham thesham n vipad thada. || 9 ||

**Significance- Oh God who has a body that resembles a diamond,
What is the flame of Lord Shiva in the deluge?
What is this most impressive light source,
Who was the one who numbed the big bow that was Brahma,
A warm greeting to you from an extremely angry type.**

Vajra dehaya kalagni rudhraya, amitha thejase,
Brahmashtra sthambanayasmai nama sri Rudra murthaye. || 10 ||

**Meaning: The man who each week is able to chant or read the following mantra
Composed by Lord Vibheeshana,
At the king's table at a conference or in a debate, will invariably,
and without the requirement for an inquiry get rid of the danger zone.**

Japthwa stotramidham manthram prathivaram paden nara,
Rajasthan, sthabhasthan pratha vadhe, japed Druvam,
Vibheeshana krutham stotram ya padeth prayatho nara,
Sarva apadbhyo vimuchetha nathra karya vicharana, || 11 ||

Markatesa, mahotsaha, sarva soka vinasaka,
Shathrun samhara maam raksha sreeyam cha adha pradehi may. || 12 ||

**Meaning: Oh Lord of monkeys, who are awe-inspiring and who is able to destroy the
whole world.**

**Please take down any enemies of mine, and protect me and bless me.
_of the amazing Power that is Shree Hanuman Ji.**